



Office of Health Services  
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York, Pennsylvania 17403-3651

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717.849.1615  
717.849.1601 (fax)  
[healthcenter@ycp.edu](mailto:healthcenter@ycp.edu)

Dear First Year Student:

Welcome to York College of Pennsylvania! You must read and comply with the York College health requirements in order to move on to campus, attend classes and participate in intercollegiate athletics. Medical information is kept confidential for use by the Health Services Office.

**The following health requirements must be accomplished by June 15, 2019 by mail, email or fax:**

- You must have or have had a complete physical exam by your home health care provider done **after June 15, 2018 and returned to us by June 15, 2019. Athletes please note date below.**
- **Intercollegiate athletes' physicals must be done within six months of play.** Physicals done before that date will not satisfy NCAA regulations and will stop your ability to participate. You may contact Nathan Cooke, head athletic trainer at [ncooke@ycp.edu](mailto:ncooke@ycp.edu) for specific dates.
- **Athletes and potential athletes** please send us any medical records, testing reports, echocardiogram reports, clearances or specific releases to participate in sports from orthopedists, cardiologists or surgeons for cardiac conditions, chronic medical conditions, illnesses or injuries, especially orthopedic related, or any surgery you may have had. **YOU WILL NOT BE ALLOWED TO TRY OUT OR PRACTICE WITHOUT THESE CLEARANCES.**

Class registration and participation in intercollegiate sports will be in jeopardy until all medical information is complete, received and reviewed by the Health Services Office. Please do not return the physician forms until you have reviewed them and all the information requested is filled in. Do not depend upon your health care provider's office to return the forms for you. It is your responsibility.

**Please note: The immunization record is to be completed and signed by your health care provider.** The immunization record must be current to meet our pre-matriculation immunization requirements.

The Health Services Office welcomes you to our campus community. For further information about Health Services, please visit the College website. You may also contact the Health Services Office at 717.849.1615 or [healthcenter@ycp.edu](mailto:healthcenter@ycp.edu), Monday through Friday from 8:30 am to 4:30 pm.

Amy Downs, RN  
Director  
York College of Pennsylvania  
Health Services Office