Transition Issues
The Transition Year website offers useful tools, tips on managing stress, and guidance in sustaining a successful transition. It is an online resource center to help both families and students focus on emotional health before, during and after the college transition.
http://www.transitionyear.org/parent/intro.php

Student Support
Many York College students have learned that getting support can help with their college success.

Available Resources
Parents and guardians are invited to visit the Counseling Services website. It includes the Counseling Services Parent Information page, which provides various resources to answer questions and help guide your student in the right direction for a successful college experience.

A Parent’s Guide
To York College Counseling Services

Student Union
Lower Level
Wellness Center, Room 120
Phone: 717-815-6437
Fax: 717-849-1627
Email: counselgroups@ycp.edu
http://www.ycp.edu/offices-and-services/counseling-services/

Hours
Monday – Friday
8:00 a.m. – 5:00 p.m.
Call for summer hours

Staff Members
Darrell Wilt, MA, LMFT
Director
Jessi Nocella, MS, LPC
Assistant Director
Brittni Pham, MS
College Counselor
Amanda Amspacher
Administrative Assistant

717-815-6437

All services are provided within the American Counseling Association Code of Ethics, HIPAA and FERPA guidelines.
We are here for your student!
We are excited about your student’s decision to pursue higher education at York College and we believe in their success! That’s why we offer many services, including mental health counseling here at York College to support them during their time with us.

We know that students experience many changes over the course of their academic career. These changes can be challenging and, at times, require extra support services. York College Counseling Services helps with these challenges by providing counseling as well as other related services so that students reach their highest potential.

Accessing Services
We encourage you to refer your student to Counseling Services if you believe he or she could benefit from our services.

Students should call or visit the Counseling Services office to make an appointment.

If you have information you would like to share with us about your student, or have questions or concerns, call us. We can talk with you about your concerns and answer general questions and provide guidance.

Confidentiality
Students’ assurance of privacy is one of the conditions that makes them feel safe to talk about their concerns. We do not disclose information about students attending counseling without explicit, written permission from them. This even applies to parents or guardians. If you know that your student has seen one of our counselors and believe it’s important to talk to your student’s counselor, you can ask your student to sign a release of confidential information form at the YCP Counseling Services office. This will allow us to discuss your student with you. We’re happy to listen to concerns about your student but will wait until a form is signed before sharing any information with you.

We provide
- Individual counseling sessions
- Group counseling sessions
- Couples counseling sessions
- Personal enrichment
- Consultation
- Training and education
- Referrals to community resources
- Workshop series and presentations