

Student Groups

Various Student Groups are offered each semester. Students can register for groups by visiting the Counseling Services webpage and clicking on the link for Student Groups.

Concerned about a student?

Visit the Counseling Services webpage to submit a Student Concern form.



Counseling Services

Student Union, Lower Level
Wellness Center, Room 120

Phone: 717-815-6437

Fax: 717-849-1627

Email: counselingservices@ycp.edu

www.ycp.edu/counselingservices

Hours

Monday - Friday, 8:00 a.m. - 5:00 p.m.

Call for summer hours.

 **YORK COLLEGE**
OF PENNSYLVANIA

COUNSELING
SERVICES



A Family's Guide to COUNSELING SERVICES

717-815-6437

 **YORK COLLEGE**
OF PENNSYLVANIA

COUNSELING
SERVICES

WE ARE HERE FOR YOUR STUDENT!

We are excited about your student's decision to pursue higher education at York College and we believe in their success! That's why we offer many services, including mental health counseling here at York College to support them during their time with us.

We know students experience many changes over the course of their academic career. These changes can be challenging and, at times, require extra support services. York College Counseling Services helps with these challenges by providing counseling as well as other related services so students can reach their highest potential.

WE PROVIDE

- Individual counseling sessions
- Group counseling sessions
- Couples counseling sessions
- Consultation
- Training and education
- Referrals to community resources
- Wellness programs

ACCESSING SERVICES

We encourage you to refer your student to Counseling Services if you believe they could benefit from our services.

Students should call or visit the Counseling Services office to make an appointment.

If you have information you would like to share with us about your student, or have questions or concerns, call us. We can talk with you about your concerns and answer general questions and provide guidance.

QUESTIONS OR CONCERNS?

Phone: 717-815-6437

Email: counselingservices@ycp.edu

CONFIDENTIALITY

Students' assurance of privacy is one of the conditions that makes them feel safe to talk about their concerns. All services are provided within the American Counseling Association Code of Ethics, HIPAA and FERPA guidelines. We do not disclose information about students attending counseling without explicit, written permission from them. This even applies to parents or guardians. If you know that your student has seen one of our counselors and believe it's important to talk to your student's counselor, you can ask your student to sign a release of confidential information form at the YCP Counseling Services office. This will allow us to discuss your student with you. We're happy to listen to concerns about your student, but will wait until a form is signed before sharing any information with you.

TRANSITION ISSUES

The Set-To-Go website offers useful tools, tips on managing stress, and guidance in sustaining a successful transition. It is an online resource center to help both families and students focus on emotional health before, during and after the college transition.

www.settogo.org/for-families/

STUDENT SUPPORT

Many York College students have learned that getting support can help with their college success.

AVAILABLE RESOURCES

Parents and guardians are invited to visit the Counseling Services website. It includes the Counseling Services Information for Families page, which provides various resources to answer questions and help guide your student in the right direction for a successful college experience.

www.ycp.edu/counselingservices