

## Major Campus Partners

We can't end violence alone.  
In these programs and in the development of new programs  
we collaborate with many departments on campus.  
Interested in learning more?

### Check out these offices:

- Student Affairs
- Campus Safety
- Counseling Services
- Health Services
- Residence Life
- Athletics
- ISLGP
- OSAO
- ACCESS York/Victims Assistance Center

## Contact Us!

If you are an RA, member of a student org, Greek life, or any student, faculty or staff and are looking for more programming options or resources, please contact: [egrubb@ycp.edu](mailto:egrubb@ycp.edu)

## Prevention Programming Questions:

[egrubb@ycp.edu](mailto:egrubb@ycp.edu)

Website:

[www.ycp.edu/endsexualviolence](http://www.ycp.edu/endsexualviolence)

## Resources for survivors:

York College Campus Safety: 717.815.1314

York College Counseling Services: 717.815.6437

York College Health Services: 717.849.1615

York College Title IX Coordinator: 717.815.1548

Victim Assistance Center/ACCESS York: 717.846.5400

# S.P.E.A.K

Spartans Preventing, Educating,  
Advocating, and Knowing,

*what to do to end sexual violence in our community*

 **YORK COLLEGE**  
OF PENNSYLVANIA



Sexual Violence Prevention at York College of Pennsylvania.  
We are committed to serving you!



## It's on Us Pledge

At York College, we are a united community committed to ending sexual violence. We pledge to recognize that non-consensual sex is sexual assault; to identify situations in which sexual assault may occur; to intervene in situations where consent has not or cannot be given; and to create an environment in which sexual assault is unacceptable and survivors are supported.

Join your fellow Spartans  
by signing this pledge at [itsonus.org](http://itsonus.org)

## Student Coalition to End Sexual Violence

Throughout the year this group of students host different awareness and prevention initiatives. Be on the lookout for events like *It's On Us*, *Take Back the Night*, and *Domestic Violence Awareness Month*.

## Prevention Training Options

**Step Up! (60 min):** This program is a prosocial behavior and bystander intervention program that educates students to be proactive in helping others.

**Sexual Violence Prevention in a Rape-Prone Culture (50 min):** The 101 level of sexual violence and how to be a positive change in a society that normalizes violence.

**Walk in Their Shoes (60 min):** An interactive scenario-based training that allows students to experience another perspective and make choices in realistic violence based situations.

**One Love's Escalation Workshop (90 min):** A powerful video and facilitated discussion that's a great tool to educate on the importance of healthy relationships, awareness of disturbing signs, and inspiration to act when needed.

**SPEAK Certification Training (2 hours):** The next step in sexual violence training, takes a deeper look at the main issues and strategies for prevention. T-shirt provided for participants who complete the training!

## Prevention Training Modules

(20-30 min each)

**Build your own with one or a combo of the following:**

### How to Support a Survivor:

- Respond to individuals in crisis
- Show support and care to survivors on their path to healing
- Use resources available both on and off campus

### Alcohol and Sexual Assault:

- Alcohol can affect a person's ability and awareness
- Alcohol can increase the likelihood of assault
- Positive choices can alter consequences and prevent violence

### Gotta Get Consent:

- To learn what consent is and how to give or ask for it
- To create boundaries and awareness of personal space
- To identify harmful myths and misconceptions about consent within our society

### Violence and Technology:

- Awareness and safety when using technology
- Red flags/potentially violent situations in online media
- Definitions of stalking, control and power

### Men Preventing Violence:

- How rape culture portrays men
- Strategies men can use to combat this negative perspective and end violence in their spheres of influence
- Male victimization and resources available to help this underreported issue

### Sexual Violence in the Black Community:

- Statistics and facts about higher victimization rates
- How systems of oppression and racism affect sexual violence
- Resources that are available on and off campus

### Sexual Violence and the LGBTQ Community:

- Statistics and facts about higher victimization rates
- How systems of oppression against gender identity affect sexual violence
- Resources that are available on and off campus

Can't find what you're looking for?  
**Email: [egrubb@ycp.edu](mailto:egrubb@ycp.edu)**