

Local Counseling Agencies

The following is a list of local counseling agencies in the York, PA area. It is important to contact your insurance company to ensure the provider accepts your health insurance. Some agencies use a "sliding scale fee" if you're out of network with them, which means the fee you pay is determined by your income.

Information provided by: York College Counseling Services – 717-815-6437

Counseling Agencies	Additional Info	Phone number(s)
Arrow Counseling Services www.arrowcounselingservices.com 1427 East Market St., York, PA 17403	Some openings, Waitlist 15-18 weeks, depends on Insurance.	717-755-0011
Behavioral Healthcare Consultants www.bhclanc.com 2550 Kingston Road, Suite 211/213, York, PA 17402	Very limited availability, some with male therapist, others 4-6 week waitlist.	717-755-5736
Catholic Charities www.cchbg.org 253 East Market Street York, PA 17403	No Waitlist, openings within 2-3 weeks.	717-845-2696
D.K. Watkins & Associates 6 Wyntre Brooke Drive, York, PA 17403	No Waitlist, No Insurance	717-741-0661
Elizabeth S. Revell, PhD, Psychologist 1120 Range Road, York PA 17406	No Waitlist, works with Insurance.	717-840-1356
Innovative Counseling Services https://innovativecounselingservicesinc.com/ 228 Broadway Street, Hanover, PA 17331	Virtual Sessions only, Accepting New Clients, No Insurances, No waitlist, appts depend on flexibility. 1-2 wks	888-821-2935
Pennsylvania Counseling Services www.pacounseling.com 26 Mount Zion Road, York, PA 17402 301 West Philadelphia Street, York, PA 17401	Fully Booked, Waitlist depends on Insurance, Self Pay \$180.00	1-855-272-1653 717-840-0984 717-848-6116
Rost and Associates rostandassociates.com 807 South George Street, York, PA 17403 822 Marietta Avenue, Suite 24, Lancaster, PA 17603	ADD/ADHD Evaluations Waitlist- 4 weeks, holding virtual sessions	717-843-6561 717-392-8077
Susquehanna Valley Community Mental Health Services www.svcms.org/home 546 Broadway Hanover, PA. 17331	Virtual Sessions, Waitlist 2-3 months, works with Insurances except Etna, Cigna, Med. Assistance	717-739-6576
T. W. Ponessa & Associates www.twponessa.com 160 Roosevelt Ave. York, PA 17401		717-845-2425
True North Wellness www.truenorthwellness.org 625 W. Elm Ave. Hanover, PA 17331 1195 Roosevelt Ave. York, PA 17404 73 E. Forrest Ave. Suite 340 Box 12, Shrewsbury, PA 17361	Psychological Exams	717-632-4900 717-843-0800 717-235-0199
Yorlan Psychological Associates yorlanpsych.com 3601 Concord Road, York, PA 17402	Psychological Exams Temporary Freeze on New Clients, Check back in March	717-885-0503
Wellspan START Program (Mental Health & Substance Abuse) https://www.wellspan.org/offices-locations/start/ Like an Urgent Care Facility- if they answer yes to any of their crisis questions (Do you have plans on hurting yourself or others, are you Hearing/Seeing things, are you using/abusing substances) they will schedule around the students schedule. Loretta Claiborne Building at YH location- 605 S. George St. York, PA 17401	Walkins 9-11am- 6 Session Program w/ No Waitlist	717-356-5060
Parenting & Family Solutions, LLC 1681 Crown Ave, Suite 101, Lancaster, PA 17601 160 S. Progress Ave. Ste 3A Harrisburg, PA 17109 https://parentfamilysolutions.com/	Telehealth Services Available, Works with Insurances/Self-Pay Services Available, Wide Range of Hours	717-602-5560
Eating Disorders		
Penn State Eating Disorders Program at Hershey Medical Center-Outpatient Clinic childrens.pennstatehealth.org/conditions-and-services/-/condition/eating-disorders Briarcrest Office Bldg, 905 W. Governor Rd., Suite 250, Hershey, PA 17033	Waitlist- 3 months	717-531-2099
Rost and Associates rostandassociates.com 807 South George Street, York, PA 17403 822 Marietta Avenue, Suite 24, Lancaster, PA 17603		717-843-6561 717-392-8077
Eating Recovery Center https://www.eatingrecoverycenter.com/recovery-centers/baltimore 101 Schilling Rd. Huntvalley, Md. 21030 Outpatient Services	Eating Disorders- PHP 2 wks, IOP 1-2 wks Mood & Anxiety- Just Opening	877-711-1878 410-427-3890
The Renfrew Center (Philadelphia, Yardley, Bryn Mawr, PA & Baltimore, MD) renfrewcenter.com	Waitlist- 2-3 wks	800-736-3739

Counseling Agencies	Additional Info	Phone number(s)
Grief & Loss		
Olivia's House www.oliviashouse.org 830 South George Street, York, PA 17403 101 Baltimore Street, Hanover, PA 17331		717-699-1133 717-698-3586
Pathways Center for Grief and Loss www.hospiceandcommunitycare.org/grief-and-loss <i>Free grief support in person and online</i> 235 St. Charles Way, Suite 250, York, PA 17402		717-885-0347
Hotlines		
National Suicide Prevention Lifeline www.suicidepreventionlifeline.org <i>Immediate assistance to individuals in suicidal crisis</i>		800-273-8255
PA 2-1-1 (Information and Referral Line) www.unitedway-york.org/first-pa-211 United Way Building, 800 East King Street, York, PA 17403		717-755-1000 2-1-1
Inpatient Mental Health		
YORK HOSPITAL – WELLSPAN BEHAVIORAL HEALTH, Crisis Intervention 1001 South George Street, York, PA 17405		717-851-5320 (Emergency #)
Sexual Health		
Human Life Services - Pregnancy support 742 South George Street, York, PA 17403	No Waitlist & TH 9am-8pm Hours M T&F 10am-2pm & W 9am-4pm	717-846-2384 (If no answer leave message or send Text)
Planned Parenthood, York Health Center www.plannedparenthood.org/planned-parenthood-keystone 728 South Beaver Street, York, PA 17403		717-845-9681
York City Bureau of Health - Free STD and AIDS testing Albert S. Weyer Health Center, 435 W. Philadelphia St., York PA 17401		717-849-2299
Substance Use		
Alcoholics Anonymous (12 step support for those desiring recovery) www.aa.org		717-854-4617
AL-ANON (12 step support for loved ones of someone using) www.pa-al-anon.org		866-711-3359
Narcotics Anonymous (12 step support for those desiring recovery) www.na.org		717-848-9988
NAR-ANON (12 step support for loved ones of someone using) www.nar-anon.org		800-477-6291
Susquehanna Valley Community Mental Health Services www.svcms.org/home 546 Broadway Hanover, PA. 17331	Virtual Sessions, Waitlist 2-3 months, works with Insurances except Etna, Cigna, Med. Assistance	717-739-6576
T. W. Ponessa & Associates www.twponessa.com 2845 Eastern Blvd., York, PA 17402 239 West Philadelphia St., York, PA 17401		717-840-6444 717-845-2425
Wellspan Behavioral Health – York Hospital Outpatient – Edgar Square Psychological Exams	Waitlist 4-6 months	717-851-1500
White Deer Run of York whitedeerrun.crchealth.com 106 Davies Dr., York, PA 17402 Inpatient-Females only		717-840-2308 800-797-6237
257 E. Market St. York, PA 17403 Outpatient- Will evaluate and send to inpatient if needed.		223-213-2100
Victim/Survivor Services		
ACCESS-York – Support for domestic violence and finding a safe shelter https://www.ywcayork.org/what-were-doing/victim-services/ 320 East Market Street, York, PA 17401	Waitlist- 8 wks	717-854-3131 717-846-5400 800-262-8444
Victim Assistance Center – Free support for domestic violence, sexual assault, and trafficking https://www.ywcayork.org/what-were-doing/victim-services/ 320 East Market Street, York, PA 17401		
Turning Point Women's Counseling and Advocacy turningpointwomen.org 15 Wintre Brooke Dr. York, PA 17403		Waitlist depends on situation, No Insurances but other options are available. Leave message for a return call.